

## THE HOPE YOU NEED FOR CHANGE

My Spiritual Bucket List Part 2

Celebrate Recovery 2014

*“God blesses those people who grieve. They will find comfort!”*  
Matt. 5:4 (CEV)

*“No one can live with a broken spirit.”* Pr. 18:14 (NCV)

### **WHERE TO GET HOPE WHEN CHANGE SEEMS HOPELESS:**

#### **1. REMEMBER GOD IS WITH ME.**

*“Those who forget God have no hope.”* Job 8:11a (LB)

*“Lord, when doubts fill my mind, when my heart is in turmoil,  
quiet me and give me renewed hope and cheer.”* Ps 94:19 (LB)

#### **2. REMEMBER HE CARES ABOUT ME.**

*“I have hope when I think of this: The Lord's love never ends;  
His mercies never stop. They are new every morning.”*  
Lamentations 3:21-23 (NCV)

*“He is like a father to us, tender and sympathetic ...for He  
knows what we are made of – dust.”* Ps. 103:13-14 (LB/GN)

*“God showed His great love for us by sending Christ to die  
for us.”* Rom. 5:8 (LB)

#### **3. REMEMBER HE KNOWS MY SITUATION.**

*“You know how troubled I am; You have kept a record of my  
tears.”* Ps. 56:6 (GN)

*“...You have seen the crisis in my soul.”* Ps. 31:7 (LB)

#### **4. REMEMBER HE HAS POWERS THAT I DON'T HAVE.**

*“What is impossible for men is possible with God.”*  
Luke 18:27 (GN)

*“When everything was hopeless, Abraham believed anyway,  
deciding to live not on the basis of what he couldn't do but  
on what God said He would do.”* Rom. 4:18a (Mes)

*“For God is at work within you, giving you the will and the  
power to achieve His purpose.”* Phil. 2:13 (Ph)

#### **5. REMEMBER HE HAS PROMISED TO HELP.**

*“I expect Your help, for You have promised it.”* Ps. 119:81 (LB)

*“God cannot lie when He makes a promise, and He cannot lie  
when He makes an oath. These things encourage us...They give  
us strength to hold on to the hope we have been given.”*  
Heb. 6:18 (NCV)

### **STEP 2:**

**Earnestly believe that God exists; that I matter to Him,  
and that He has the power to help me recover.**

*“The Spirit that God gives us ... fills us with power, love, and self-  
control.”* 2 Tim. 1:7 (GN)