

Naked and Afraid Part 2

Instagrace-Part 3

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"The person who keeps every law of God but makes one little slip is just as guilty as the person who has broken every law there is."

James 2:10 (TLB)

I. WHAT IS GUILT?

"My guilt has overwhelmed me like a burden too heavy to bear."

Psa. 38:4 (NIV)

There are two kinds of guilt

* GENUINE Guilt

* FALSE Guilt

"You began your life in Christ by the Spirit. Now are you trying to make it complete by your own power? That is foolish." Gal. 3:3

How do I tell the difference? Is the focus on ...

People or God?

Vague or Specific?

Rules or Relationship?

II. OUR WAYS OF HANDING GUILT

"... they sewed fig leaves together and made something to cover themselves...they hid from the Lord God... 'I was afraid because I was naked'... 'she gave me fruit from the tree, so I ate it.'" Gen. 3:7-12 (NCV)

SHAME HIDING BLAME

III. GOD'S WAY OF HANDLING GUILT:

"If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."

1. Confess OUR SINS

* Tell GOD

"God, You know what I have done wrong. I cannot hide my guilt from You." Psa. 69:5 (NCV)

* Trust GOD'S CHARACTER

"Let us come near to God with a sincere heart and a sure faith, because we have been made free from a guilty conscience." Heb. 10:22 (NCV)

* Accept GOD'S FORGIVENESS

"People who believe in God's Son are not judged guilty." John 3:18 (NCV)

"I finally admitted all my sins to You and stopped trying to hide them. I said to myself, 'I will confess them to the Lord.' And You forgave me! All my guilt is gone." Psa. 32:5 (TLB)